

• ROUNDUP • DURSBAN • RAID • WEED & FEED • ADVANTAGE •  
• DIAZINON • 50 WP • PARAQUAT • CONCENTRATE ES • CA  
• DEMAND • SEVIN 10 • MANCOZEB • MALATHION • 2, 4-D

# CHOOSE YOUR POISON



But be aware of the *unintended consequences* to your children, your pets, your food, your neighbors and your environment. Butterflies and bees, our pollinators, are disappearing, which threatens food supplies world wide. We too are threatened with serious diseases and developmental disorders... a result of using these hazardous silent killers.

## *Here are a few symptoms of pesticide poisoning:*

**SLIGHT:** nausea, vomiting, diarrhea, headache, burning eyes, nose, throat and chest.

**MODERATE:** lung congestion, weakness, chronic fatigue, sleep disorders, numbness, dizziness, breathing difficulties, bronchitis, asthma, gastrointestinal disturbances, mouth ulcers, neck and back pain, itching, rashes and hives, twitching and trembling, heart palpitations, high blood pressure, joint pain.

**ADVANCED:** breathing dysfunction, hypo tension, hormone disruption, prostate cancer, lung cancer, thyroid dysfunction, blurred vision, short term memory loss, spasms, seizures, neurological dysfunction, cardiac failure, coma, death.

**ALL PESTICIDES and HERBICIDES affect the central nervous system.**

These toxic chemicals lodge in fat cells including the brain.

## ... OR CHOOSE HEALTHY ALTERNATIVES TO THESE INDISCRIMINATE KILLERS

- Protect you children, your pets, your food and your environment.
- Be part of the revolution that is sweeping away the unsustainable past and moving into a viable, sustainable future.
- Become creative landscapers. Wherever possible, eliminate high maintenance, water wasting lawns. Plant drought resistant plants with designed rock areas.
- Grow organic gardens and beat rising food prices.

## YOUR HEALTH, YOUR FUTURE IS IN YOUR HANDS

- Here are a few web sites to assist you in taking charge of your health and that of your environment: <http://www.panna.org>  
<http://www.ipen.org> <http://www.pesticideinfo.org/alternatives.html>.

**JOIN US: Take action to insure a sustainable future for the Ojai Valley...**

**Our address is:** [www.pesticidefreeojaivalley@gmail.com](mailto:www.pesticidefreeojaivalley@gmail.com)

ALLIANCE  
FOR A PESTICIDE FREE  
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